

Intelligence Accelerator

Instructions

Mind Persuasion

The first thing you should do is read through the main manual, at least once. Don't worry about taking notes or remembering anything. Just read through and get a feel for what's included.

Then, read through a second time and try out some of the techniques. There are many, and you can spend a lot of time on any or all of them.

Think of these mental exercises just like you would physical exercises. Some people prefer to go jogging outside, while others prefer to run on the treadmill in the gym.

Some prefer to do pushups and sit ups at home, while others prefer using free weights, while others prefer using the equipment.

There's also aerobics, sports, and many other ways to stay in shape.

Your brain is no different. There are many ways to exercise your brain so you get the most out of it.

When it comes to learning the memory exercises, you'll find it's like riding a bike. It may seem difficult and awkward at first, but once you get the hang of it, you'll never forget it. And the more you do it, the more you use the memory techniques to remember things as they come up, the stronger your memory will become.

The creativity and intelligence enhancing exercises are a bit different. These more like exercise. Just like physical

exercise, the more you exercise the stronger you'll get.

It's recommended that you spend a few minutes each day doing some type of creativity or intelligence boosting exercise. You don't have to do the same exercises each day, just do something.

Like physical exercise, it may seem intimidating and cumbersome at first, but soon you'll look forward to digging into your own brain and expanding your resourcefulness.

The listening sessions are described in detail below, including how, when, and how often to listen to them for best results.

Dual Induction Hypnosis

Memory

DIH_Memory.mp3

This is a wonderful session that takes you on a metaphorical journey through a bank, where the architects of the bank have discovered an incredible new system for how they store and retrieve information.

When you listen this session, just relax and follow the words as best as you can. It will lead you into a deep state of hypnosis, and then awaken you when the session is complete. It's recommended to listen to this session at least a couple of times a week to enhance your memory.

Creativity

DIH_Creativity.mp3

This is similar as above, as it will guide you to a deep level of understand of your incredible problem solving ability.

The metaphor is of two societies on opposite sides of a great river. They face the problem of combining their resources, so the sum of the two parts can be greater than the whole. This, of course, is a metaphor for the two hemispheres of your mind, and this session will give you much more capable whole brain thinking, and enable you to think outside the box more naturally and effectively.

Simply follow the voice, close your eyes, and relax.

Affirmation Overwhelm Sessions

These sessions combine female voice, male voice in both first and second person to fill your brain with positive ideas about your genius potential.

Simply close your eyes, focus on your intention, and let the sounds do the rest. Listen to these sessions as often as you'd like, for as long as you'd like to enhance your intelligence. Please don't listen to these sessions while driving or operating heavy machinery.

Each specific file is described below.

Memory_2.mp3

This is the two voice version of the memory enhancement affirmation session. A male and female voice, both clearly audible, will give you positive messages about your ability to easily remember anything. Listen to this when you'd like to have conscious validation of your memory.

Memory_8.mp3

This is an eight voice version of the above listening session. There are eight voices in order to "overwhelm" your conscious thinking, so your conscious critic doesn't interfere. Just close your eyes and let the statements slip right in.

Creativity_2.mp3

This is the two voice file designed to boost your creativity and out of the box thinking. A male and female voice, both clearly audible, will give you positive messages about your ability to come up with genius ideas and solve complicated problems.

Listen to this when you'd like to have conscious validation of your creativity.

Creative_8.mp3

This is an eight voice version of the above listening session. There are eight voices in order to "overwhelm" your conscious thinking, so your conscious critic doesn't interfere. Just close your eyes and let the statements slip right in.

Master_16.mp3

This is a combination of the two eight voice sessions, giving you even more belief changing power. Listen to this whenever you want to quickly and rapidly boost your memory power and creative juice. Daily listening for a few weeks can yield significant increases in intelligence.

Pure Brain Wave Files

Creative Focus

This session is meant to be listened to while studying, or focusing on any mental task that requires attention and concentration. No headphones are required for this session.

Brainstorming

This short session will lead to out of the box thinking and that feeling of "aha" when discovering something incredible. It moves your brainwaves from high beta to mid alpha levels, so be prepared for some mind altering experiences. This is ideal for mind mapping or brainstorming when you're in need of some genius ideas for any reason.

Post Learning

This is a relaxing, eyes closed session to listen to after you finish studying. It will help solidify anything you've read or studies in the past few hours.

Music

The included music has all been embedded with isochronic tones that alternate between low beta and high alpha ranges. These have been proven to give you focused concentration on anything such as reading, studying, or learning any complicated material.

No headphones are required for these, and you can listen any time.

Affirmations

Memory Affirmations

You have a great memory

you have an amazing memory

your memory is quick

your memory is resilient

you easily remember names

you easily remember dates

you easily remember complicated information

your memory is strong

you recall things effortlessly

you recall things easily

you quickly recall things

you remember things from years ago

you soak up information like a sponge

you easily create vivid pictures

you easily create vivid associations

you create associations of information

you create associations of names

you have a vivid imagination

you have a creative imagination

your mind is sharp

your mind is clear

your mind is amazing

you quickly recall vast amounts of information

you have a photographic memory

you read things once and remember them

you hear a name once and remember it

you look at something once and remember all the details

remembering is easy for you

remembering is natural for you

people are amazed at your memory

people are astounded at your memory

people are in awe of your memory

you easily soak up tons of information

you easily soak up unlimited information

you recall anything in an instant

your memory is powerful

your memory is awe inspiring

learning things is fun

learning things is easy

learning things is simple

learning things is automatic

learning things is natural

learning things is second nature

memorizing facts is easy

memorizing facts is simple

memorizing facts is natural

remembering names is easy

remembering names is simple

remembering names is natural

remembering names makes you popular

remembering names makes you sought after

remembering names makes you happy

you love your memory

you appreciate your memory

you activate your memory

you embrace your memory

you actualize your memory

you super charge your memory

you expand your memory

you utilize your memory

your memory supports you

I have a great memory

I have an amazing memory

my memory is quick

my memory is resilient

I easily remember names

I easily remember dates

I easily remember complicated information

my memory is strong

I recall things effortlessly

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I love my memory

I appreciate my memory

I activate my memory

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I actualize my memory

I super charge my memory

I expand my memory

I utilize my memory

my memory supports me

Creativity Affirmations

You are incredibly creative

you are a genius

you have astounding insight

you have magnificent ideas

you always have wonderful ideas

you always have profitable ideas

you always have amazing ideas

your creativity is limitless

your creativity is unlimited

you are a genius

you are incredibly intelligent

your mind has amazing potential

your mind has outstanding skill

you have outstanding skill

you are incredibly gifted

you are extraordinarily gifted

you are an amazing thinker

you are a wonderful thinker

your ideas are inspiring

your ideas are inspired

people love you for your ideas

people respect you for your ideas

people look up to you for your ideas

people are amazed by your ideas

people are astounded by your ideas

you have genius ideas every day

you are inspired by your dreams

you are inspired by your insight

you always have amazing flashes of insight

you always have stunning ideas

brilliant ideas flow to you like water

brilliant ideas come to you all the time

you routinely increase your genius

you routinely increase your creativity

you routinely increase your brain power

your brain power is incredible

your problem solving skills are incredible

your problem solving skills are worth tons of money

your ideas are incredibly prosperous

your ideas are incredibly worthwhile

your ideas are incredibly insightful

you are a problem solving genius

you are a naturally creative genius

your ideas stun the world's top scientists

every day your I.Q. increases more and more

every day your genius grows more and more

every day your problem solving skills grow more and more

every day your creative genius gets stronger and stronger

every day you get smarter and smarter

you are always thinking of ways to improve your life

you are always thinking of ways to improve the lives of others

I am incredible creative

I am a genius

I have astounding insight

I have magnificent ideas

I always have wonderful ideas

I always have profitable ideas

I always have amazing ideas

my creativity is limitless

my creativity is unlimited

I am a genius

I am incredibly intelligent

my mind has amazing potential

my mind has outstanding skill

I have outstanding skill

I am incredibly gifted

I am extraordinarily gifted

I am an amazing thinker

I am a wonderful thinker

my ideas are inspiring

my ideas are inspired

people love me for my ideas

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every day my problem solving skills grow more and more

every day my creative genius gets stronger and stronger

every day I get smarter and smarter

I am always thinking of ways to improve my life

I am always thinking of ways to improve the lives of others